



BULLETIN:

Child and Adult Care Food Program

Child & Adult Care Centers,
Emergency Shelters, OSHC, &
Sponsors of Family Day Care Homes

www.education.alaska.gov/tls/cnp

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To: CACFP Agencies
CACFP Program Reviewers

Date: June 7, 2017

From: Ann-Marie Martin
CACFP Coordinator

Bulletin: 2017-05

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance, and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

USDA Policy Memos

1. CACFP 13-2017 Transition Period for the Updated CCFP Meal Patterns and the Updated NSLP and SBP Infant and Preschool Meal Patterns

Bulletin Topics

2. Cycle Menu Review – submit updated cycle menus
3. Meal Pattern Training Follow-up
4. Annual Paperwork deadline – September 1, 2017
5. CACFP Annual Training (earlier this year!) – due by June 30, 2017
6. Staff changes at State of Alaska Child Nutrition Programs
7. Pediatricians Say No Fruit Juice in Child's First Year – article by Catherine Saint Louis, New York times May 22, 2017
8. Mealtime Memo – Tips for Serving Meals Family-Style

1. CACFP 08-2017 Q&A on the Updated Meal Pattern Requirements for the CACFP

This memorandum outlines a transition period for the first year of the updated Child and Adult Care Food Program (CACFP) meal patterns and the related preschool meal pattern requirements for the school meals program. In recognition of the challenges associated with conforming to the updated requirements, the transition period outlined in this guidance will allow CACFP institutions and facilities and school food authorities (Child Nutrition Program (CNP) operators) to adjust to the updated requirements, while removing the threat of meals being disallowed and programs being terminated.

USDA fully expects that all participating providers and programs will be working to implement the new meal patterns; however, if “operators are making a good faith effort to comply with the updated requirements, then meals cannot be disallowed and CNP [program] operators cannot be found seriously deficient” for not meeting the new requirements.

The Policy Memo can be found with this bulletin at:
<http://education.alaska.gov/tls/cnp/CACFP4.html>.

2. Cycle Menu Review – submit updated cycle menus

Cycle menus must be updated to comply with the new meal pattern requirements. The requirements were outlined during the meal pattern training that took place in May. Please submit your updated cycle menus for review so the program reviewers will have a chance to check them and work with each agency to meet the requirements. Reviewers are available in June for this service.

To find updated cycle menu templates please go to the forms page on the CACFP webpage at:
<https://education.alaska.gov/tls/cnp/CACFP2.html>

3. Meal Pattern Training Follow-up

The CACFP New Meal Pattern trainings have all taken place via webinar. All of the agencies should have attended since the trainings were offered over a three week time period. You can find the slides used during the webinar on the CACFP training page at:
<https://education.alaska.gov/tls/cnp/CACFP3.html>

If you would like the word document with the narration to this training please contact Ann-Marie Martin.

Additional Participant Workbooks have been sent out. It may be helpful for you to copy specific pages from the workbook for your staff training. For multi-site sponsors: we have a few copies of the workbook left so please contact Ann-Marie Martin if you need additional copies.

4. Annual Paperwork deadline – September 1, 2017

Annual paperwork is due **no later than September 1, 2017**. There are two exceptions to this deadline:

- 1) The One Month Enrollment Report (OMER) which will be completed **during the month of September, 2017** and reported to the state no later than October 10, 2017. This is the report that documents the income classifications for all children or adults in care for centers and outside school hour care programs.
- 2) The Nonprofit Food Service (NPFS) Financial Report which is due no later than November 10, 2017. This is the report that documents the amount of reimbursement the agency has received from CACFP and the break-out of actual expenditures during the FY2017 program year.

FY2018 paperwork requirements will be posted on the CNP database under the Packet Tab on August 1, 2017.

5. CACFP Annual Training (earlier this year!)

Annual required training is taking place earlier this year to adjust for the earlier deadlines.
Registration Deadline is no later than June 30, 2017.

We will be offering both in-person training and webinar trainings to accommodate all agencies. It is requested that the CACFP Administrator attend an in-person training if possible. The CACFP

administrator must attend the state training(s) and then train the appropriate staff using information provided by Child Nutrition Programs. The agency staff training should include more than the state training, and include agency procedures/policies.

All CACFP agencies should attend the general state Administrative Training with the exception of:

- 1) Emergency Shelters – separate webinar for these agencies
- 2) School Districts – separate webinar for these schools

NOTE: Any centers or Head Start agencies serving infants are also required to attend the Infant Training (offered in-person and webinar) since the infant meals have changed for FY2018.

NOTE: Any Head Start agencies that also operate child care or outside school hours care programs are required to attend a one-hour webinar for the One Month Enrollment Report (OMER).

Training registration is included with this bulletin and can be found at:

<http://education.alaska.gov/tls/cnp/CACFP4.html>.

6. Staff changes at State of Alaska Child Nutrition Programs

We are pleased to announce that Cyde Coil, the Education Assistant for CACFP and SFSP, has been promoted to National School Lunch program (NSLP) Project Assistant. She will work with the National School Lunch Program's RCCIs, the Smarter Lunchrooms, and the Fresh Fruit and Vegetable programs.

Cyde will continue to take registrations for the CACFP annual training but all other CACFP communication can be sent to either Ann-Marie Martin or Alicia Maryott (At-Risk Afterschool Meals).

7. Pediatricians Say No Fruit Juice in Child's First Year

This is a good article by Catherine Saint Louis from the New York Times on May 22, 2017. It validates the new meal pattern that disallows fruit juice for infants during their first year of life. It also discusses the link between obesity and children drinking modest amounts of fruit juice.

It contains some facts such as comparing 4 ounces of apple juice to ½ cup of apple slices and 4 ounces of lemon-lime soda.

4 oz juice	60 calories	13 grams sugar	0 fiber
½ cup apple slices	30 calories	5.5 grams sugar	1.5 grams fiber
4 oz lemon-lime soda	46 calories	12.6 grams sugar	0 fiber

This data alone should encourage child care centers to take juice off their menus. You can find the article at:

https://www.nytimes.com/2017/05/22/well/family/pediatricians-say-no-fruit-juice-in-childs-first-year.html?_r=1

8. Mealtime Memo – Tips for Serving Meals Family-Style

This month's Mealtime Memo focuses on family style dining, which is a best practice in CACFP. You can find the Mealtime Memo at the CACFP Bulletins page:

<http://education.alaska.gov/tls/cnp/CACFP4.html>.

Contact Information

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Commonly Used Acronyms

CACFP – Child and Adult Care Food Program
CNP – Child Nutrition Programs
FNS – Food & Nutrition Services
FNSRO-Food & Nut Services Reg. Office
USDA – U.S. Department of Agriculture
LEA – Local Education Authority
DEC – Department of Conservation

All attachments for this bulletin can be found on the State of Alaska Child Nutrition Programs, CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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